

# Medical Readiness

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## The First Minutes

Short, operational insights from Peeler Group International focused on real-world risk, behavioral awareness, and intelligence-led protection → designed to reduce exposure before incidents occur.



# Medical for EP

The problem is rarely awareness; it is hesitation.

In many incidents, survival is determined before advanced medical care arrives.

Bleeding, airway compromise, and shock progress quickly. Waiting for medical professionals without taking immediate action can allow a survivable injury to become fatal.

Protective teams are trained to:

- ✓ secure the environment
- ✓ maintain control
- ✓ protect the principal

Those responsibilities remain important.

But protection does not end when the threat stops. In many cases, the next risk is medical, and the response timeline is already underway.



**The first minutes are not separate from protection.  
They are part of protection.**



# Security Without Medical Readiness Is Incomplete

In real-world operations and training exercises, teams sometimes hold security positions while a casualty condition worsens. The intent is discipline and control. The outcome can be delayed.



**Medical readiness** does not require a full medical team.



It requires the ability to recognize life-threatening injury and act immediately.

- ✓ Recognizing uncontrolled bleeding
- ✓ Applying a tourniquet or direct pressure without delay
- ✓ Managing the airway and positioning
- ✓ Communicating clearly for medical support
- ✓ Transitioning from threat response to casualty care



These actions are not advanced medicine.  
**They are immediate survival measures.**





# The Transition Point: When Protection Becomes Rescue



Protective teams often train extensively for threat response.



Far fewer train immediately after the threat.



The transition from security posture to casualty care is one of the most critical moments in an incident.



The environment may still be unstable.

- Communication may be fragmented.
- Movement may still be underway.



Yet lifesaving action cannot wait for perfect conditions.



Protection does not end when the threat stops.  
**In many cases, the rescue phase begins immediately.**





# The First Minutes Belong to the People Already There



Emergency medical services are critical, but they are rarely the first to arrive.



The first response comes from those on scene.



Protective agents, drivers, executive assistants, event staff, and security personnel often become the first responders, whether they planned to or not.



That reality makes preparation non-negotiable.

- ✓ Equipment within reach
- ✓ Training that is practiced, not theoretical
- ✓ Clear responsibility for who acts first
- ✓ Confidence to intervene without waiting for permission.



When these elements are present, **the response begins immediately.** When they are absent, valuable time is wasted.





# Medical Equipment Must Be Reachable, Not Decorative



Many organizations have trauma kits, AEDs, or other emergency equipment.



Far fewer are prepared to access and use them under stress.



Equipment that is:

- locked away
- poorly placed
- unfamiliar to staff
- expired
- or difficult to access

creates delays during the moments that matter most.



Medical readiness is not measured by equipment ownership.

**It is measured by accessibility, familiarity, and action.**





# Movement and Medical Must Work Together



Protection planning often focuses on movement, routes, and safe havens.



Medical readiness must be integrated into these plans.



A safe haven that cannot provide medical care is only partially safe.



Where are medical kits located?



Who is trained to use them?



Which routes provide the fastest access to definitive care?



Which facilities are capable of handling trauma?



How will communication be maintained during transport?



Medical readiness is not a separate plan.  
**It is part of operational planning.**





# The Environment Shapes Survival



Not every environment supports rapid medical response equally well.



Large crowds, restricted access points, elevators, traffic congestion, remote locations, and delayed emergency access can all heighten risk during the first minutes of an incident.



The environment itself may become part of the medical challenge.



Protective planning should consider not only how to move people away from danger but also **how to move injured persons toward care.**



# Speed of Action Is a Leadership Decision



In the first minutes of an incident, teams look to leadership for guidance.



If leadership hesitates, **the response slows.**



If leadership acts, **the response begins.**



The decision to provide immediate care is not only a medical decision. **It is a command decision.**



Leaders set the tone for whether teams move toward the casualty **or wait for help.**



LEADERSHIP  
DECISION  
ACTION

TIME  
IS THE  
DIFFERENCE

# You Will Not Rise to the Occasion. You Will Default to Your Training



Under stress, people rarely perform beyond their level of preparation. They default to:

- ✓ repetition
- ✓ familiarity
- ✓ practiced communication
- ✓ conditioned response



Medical readiness is not built during an emergency.  
**It is built beforehand through realistic preparation and repetition.**



Confidence **reduces hesitation.**  
Preparation **increases the speed of action.**



# The Principle



Medical readiness is not about advanced medicine. It is about **immediate action** in the first minutes when life can still be saved.



Protection is measured not only by **preventing harm**, but by how quickly teams **respond** when harm occurs.



**Minutes matter.**  
Lives depend on it.



# PGI Protective Intelligence Briefs

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